

Senior Class
Presentation
On
Post-High School
Planning

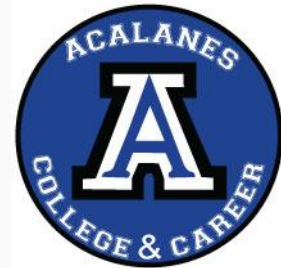
Transcripts

* P0600N PE 9	A	5.00	5.00	p L0344H Spanish 4 Hon	C-	5.00	5.00
p VP921P Drama 1	A	5.00	5.00	p M0465P Algebra 2	B-	5.00	5.00
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.33				p S0704P Geology	A	5.00	5.00
Grade 9 Spring 2016-2017				p S0710A EnvirSci AP	B	5.00	5.00
Acalanes High School				Credit Att: 30.00 Cmp: 30.00 TGPA: 2.83			
Grade 11 Spring 2018-2019							
Acalanes High School							
p E0001P English 1	B	5.00	5.00	p E0010P English 3	B	5.00	5.00
p H0140P WorldHist/Geog	B	5.00	5.00	p H0144P US History	B-	5.00	5.00
p L0342P Spanish 2	A-	5.00	5.00	p L0344H Spanish 4 Hon	C-	5.00	5.00
* M0453P Algebra 1	B	5.00	5.00	p M0465P Algebra 2	B-	5.00	5.00
* P0600N PE 9	A	5.00	5.00	p PS675N Athletic PE	CR	5.00	5.00
p VP921P Drama 1	A	5.00	5.00	p S0704P Geology	B-	5.00	5.00
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.50				p S0710A EnvirSci AP	B-	5.00	5.00
Grade 10 Fall 2017-2018				Credit Att: 35.00 Cmp: 35.00 TGPA: 2.83			
Acalanes High School				--WORK IN PROGRESS--			
Acalanes High School							
p E0005P English 2	B-	5.00	5.00	ACADM Academy	0.00	0.00	
p H0191P ContIss&PubPol	B-	5.00	5.00	p E0020A English 4 AP	10.00	0.00	
p L0343P Spanish 3	A-	5.00	5.00	p H0150P Econ	5.00	0.00	
p M0460P Geometry	B-	5.00	5.00	p H0151A CompGovtAP	5.00	0.00	
* PS642N YogaPil&Fit-S	A	5.00	5.00	p H0189P Psychology	10.00	0.00	
p S0600P Living Earth	B+	5.00	5.00	p M0480P Statistics	10.00	0.00	
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.33				O0544E Peer Tutor	10.00	0.00	
Grade 10 Spring 2017-2018				p S0702P Physiology	10.00	0.00	
Acalanes High School				* Z5017N Off Campus 7	0.00	0.00	
p E0005P English 2	B	5.00	5.00	Total Credit: 60.00			
p H0191P ContIss&PubPol	A	5.00	5.00				
IS260E Human&Soc Dvlpmt	A	5.00	5.00				
p L0343P Spanish 3	B	5.00	5.00				
p M0460P Geometry	C	5.00	5.00				

Course Tags: * = Non Academic		p = College Prep		r = Repeated	
Weighted Non-Wgtd		CREDIT SUMMARY			
Acad GPA (9-12)	3.21	3.09	Subject Area	Credit	Received
Acad GPA (10-12)	3.17	3.00	English 1	10.00	10.00
Total GPA (9-12)	3.28	3.17	English 2	10.00	10.00
Credit Attempted: 185.00		English 3			
Credit Completed: 185.00		English			
		Mathematics			
		Algebra 1			
		Phys Ed 9			
		Phys Ed			
		Physical Science			
		Biological Science			
		World Hist/Geog			
		US History			
		US Government			
		Economics			
		Language/Tech Ed			
		Visual/Perf Arts			
		Health			
		Electives			
		* TOTALS *			
		Algebra 1 Requirement Met			
District Enter: 8/22/2016					
School Enter: 8/22/2016					
Class of 2020					

What To Look For

- Check your credits (240 required)
- Is your name spelled correctly and does it match your college application?
- State ID
- Mistakes?



Transcripts: GPA's

- **Weighted vs Non-Weighted**

Weighted includes extra point for honors and AP classes.

- **Total GPA**

Includes all coursework

- **Academic GPA**

Includes all classes with code ending P, A, H
Does not include classes with asterisk

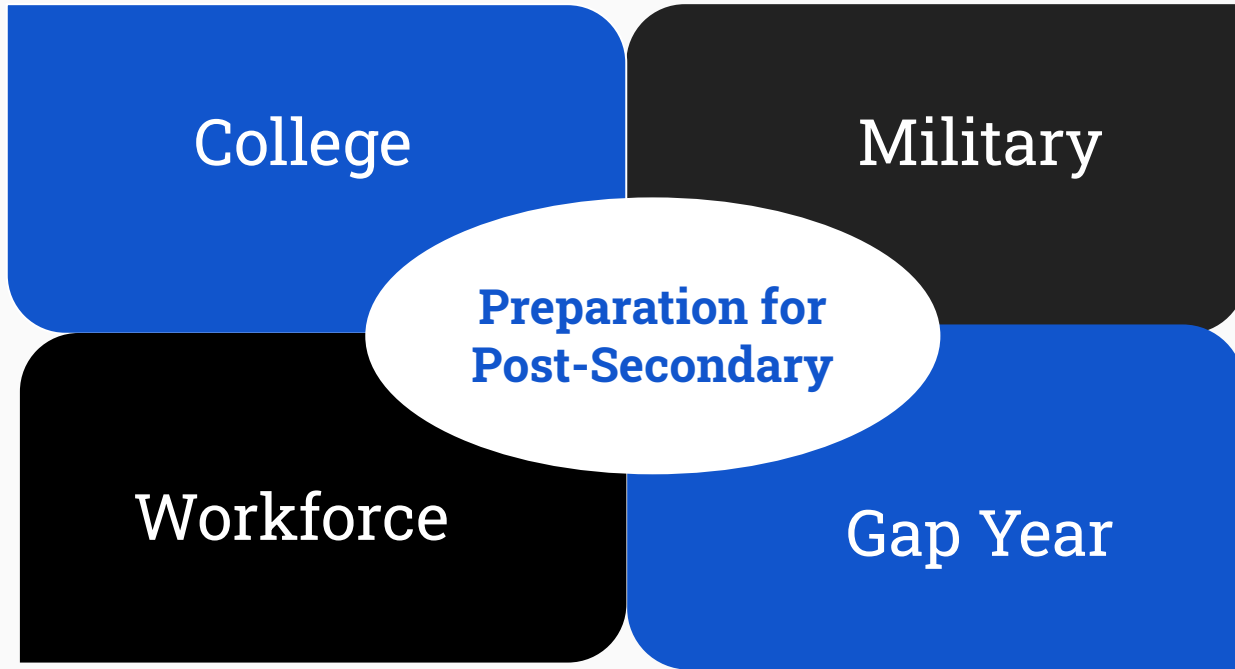
	Weighted	Non-Wgtd
Acad GPA (9-12)	3.81	3.62
Acad GPA (10-12)	3.83	3.58
Total GPA (9-12)	3.82	3.64
Credit Attempted:	280.00	
Credit Completed:	280.00	

District Enter: 8/24/2015
School Enter: 8/24/2015

**Graduated - HS diploma:
6/6/2019**

State ID# 5151162892

Common Pathways After Acalanes

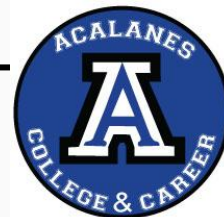


Acalanes Grads' Post-Secondary Plans

AHS Data Class of 2021

<input type="checkbox"/> 4 Year College	70%
<input type="checkbox"/> Community College	11%
<input type="checkbox"/> UC	13%
<input type="checkbox"/> CSU	11%
<input type="checkbox"/> In State Private	2%
<input type="checkbox"/> Out of State Public	26%
<input type="checkbox"/> Out of State Private	12%
<input type="checkbox"/> International Universities	1%
<input type="checkbox"/> Gap Year/Military/Other	19%

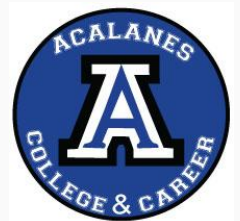
Acalanes grads went to over 100 different colleges last year.



Resources Available

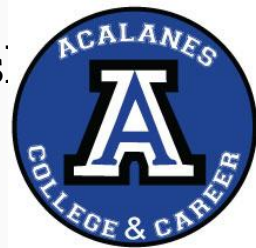
In the College and Career Center:

- Postings for jobs , internships, volunteer opportunities
- Resume building
- Travel abroad info
- College rep visits
- Application help for community and 4-year degree college apps
- Visits with military reps for those interested



Joining the Military - Things to Consider

- You must be 17 and have a high school diploma
- Different branches of military include Army, Navy, Air Force, Marines, Coast Guard
- Active duty military receive tuition assistance for college. Active and reserve members can use GI Bill for college.
- Military receive a salary, benefits, housing stipends if applicable, and skills training applicable to many civilian jobs.
- Options for joining include attending Academies, ROTC partners with 4-year colleges, the reserves and enlisting directly



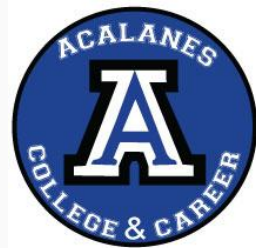
Joining Work Force/Taking a Gap Year

Get a Job!

- Start making and saving money with income from your job!
- Gain valuable job skills, make connections, get promoted
- Some jobs pay for college (Starbucks, etc.)!
- Get help from your counselor/Ms. Levy with job applications, cover letters, interview practice

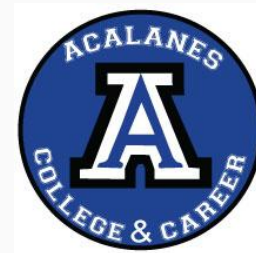
Gap Year

- Travel
- Work
- Volunteer
- Gain valuable life experience to better understand yourself and help solidify your goals



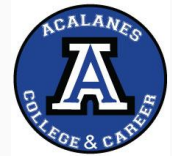
Surviving the Application Process

- Take a deep breath
- Get Organized/Come to the CCC
- Put important dates on the calendar
- Keep track of logins and passwords
- Check email regularly
- Be realistic with your list



Student's Role - Own the process

- Check email (AUHSD gmail and personal account)
- Create and complete applications
- Research options
- Use the resources at school--academy, lunch etc.
- Take care of business at school-- order transcripts, ask for letters of rec, keep Naviance up to date

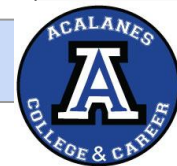


Parent/Guardian Role

- Support your student
- Share your experience
- Research together all college options using tools available:
- Complete Parent Statement in Naviance
- Help manage deadlines, set aside time for college discussion that is stress free.

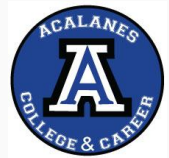
Application Timeline

Late Summer/Early Fall:	Rolling admission begins
August 1	UC and Common Applications open
October 1	CSU Application opens, FAFSA submission begins
Mid-Oct. - Mid-Nov.	Early Action/Early Decision deadlines
Nov. 1 - Nov. 30:	UC/CSU Application filing period
Dec. 1 - Feb. 1:	Regular decision deadlines
December - January	Early Action/Early Decision notifications
March	Community College applications
April	Placement testing (community college)
March - April	Regular decision notifications



Community Colleges

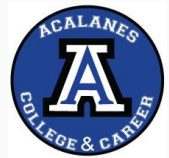
- Open Enrollment beginning Feb. Apply early.
- No SAT/ACT required
- Orientation in Spring
- Priority transfer to UC's and CSU's
- Honors Transfer Program
- Transfer Admission Guarantee (TAG - 6 Schools)
- Residential Housing available (11 California schools have this option)



Community Colleges

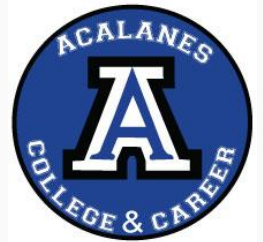
Some of the career training programs at Community college:

- Nursing: LVN, RN
- EMT, Firefighting
- Pre-apprentice and apprenticeships for trades including plumbing, steamfitting, carpentry, and more
- HVAC , solar installation
- Culinary Arts
- Real Estate



Building a Good List

- Academic Fit *AND* Financial Fit
- Apply to 6 - 9 schools
 - 2 - 3 Likely
 - 3 - 4 Possible
 - 1 - 2 Stretch
- Any school you apply to is a school you *WANT* to attend.
- Love your list.



Types of Admissions

Early Decision

Binding

Advantage:

Earlier notification, more favorable review

Appropriate if 100% certain about where you want to attend

Early Action

Non-Binding

Advantage:

Earlier notification, more favorable review at some.

****Restricted Early Action**

Regular Decision

Non-Binding

Advantage:

Opportunity to improve grades during Fall semester

Leaves options open

Rolling Decision

Non-Binding

Advantage:

Applications are reviewed in the order they are received

Decision in 4-6 weeks

Types of Applications

UC Application

- Self reported grades (no transcripts)
- Official test scores
- Activities and Awards list
- Personal Insight Questions (respond to 4 out of 8 questions - 350 word max)

CSU Application

- Self reported grades (no transcripts)
- Official test scores

*****NO letters of recommendation required**

Common Application

- 800 Schools
- Official test scores
- Activities & Awards
- Essay (Choose 1 of 7 options- 650 words)
- Counselor Recommendation
- Teacher Letter(s) of recommendation

Coalition Application

- 120 schools
- University of Washington and others

Types of Application Review

Index Review

- GPA & courses
- Test scores
- Optional essay or short response



NORTHERN
ARIZONA
UNIVERSITY



Holistic Review

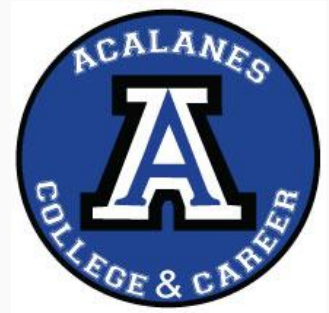
- Academics
 - Grades, coursework, rigor
 - Standardized tests - SAT or ACT
- Achievement outside the classroom (extracurricular activities, employment, volunteer work, etc.)
 - Commitment and Leadership
- Context of High School achievements
- Personal Qualities - essays and letters of recommendation
- Match/Fit and demonstrated interest



THE COMMON
APPLICATION

UC Application

- Application is Open Now!
- Filing period: November 1st-November 30th
- Requires 4 personal Insight Questions (Choose from 8)
- SAT Reasoning or ACT with writing- Test Blind
- No letters of recommendation (unless requested)
- No transcripts (unless requested)



CSU Application

- Applications online
- Filing period: Oct. 1st-Nov.30th
- SAT Reasoning or ACT- TEST BLIND
- NO: Essay, Subject Tests, Letters of Rec., Transcripts (unless requested)
- No extracurricular activities (except SLO)

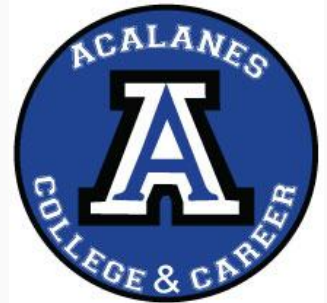
— CAL STATE —
APPLY



Common Application

- Over 900 schools participate
- Complete ONE application for many schools
- Most likely will need letter(s) of recommendation
- Supplemental materials for specific schools
- Sync Naviance with Common App by signing FERPA on Naviance

THE COMMON
APPLICATION



Where to find requirements

College Information

Application

Questions

Recommendations and FERPA

Review and Submit - Common App

Stanford University

University of Chicago

University of North Carolina at Chapel Hill

University of San Francisco

Phone: [\(970\) 491-6909](tel:(970)491-6909)
Email: admissions@colostate.edu
Address: 1062 Campus Delivery
Fort Collins, CO 80523-1062
USA
Links: [College Website](#) · [Virtual Tour](#) · [College Navigator](#)

[f](#) [@](#) [t](#) [v](#)

Application Deadlines

Fall 2020 (starts August) First Year Early Action - 12/01/2019 Regular Decision - 02/01/2020	Spring 2020 (starts January) First Year Regular Decision - 11/01/2019
Summer 2020 (starts May) First Year Regular Decision - 05/01/2020	

Other Deadline Information

After the Regular Decision date, applications are considered on a space-available basis until May 1. Most first-year/freshman students start their enrollment with the fall semester (August). If you're thinking about starting in the summer (May), please [contact your admissions counselor](#) for more information.

Application Information

Application Fees:
First Year Domestic Fee - \$50
First Year International Fee - \$50

Standardized Test Policy:
Always Required
SAT w/o Essay or ACT w/o Essay
[Test Policy Information](#)

Courses & Grades:
Not Used

Recommendations:
School Report Required
Final Report Required
Teacher Evaluation(s): 0 Required, 3 Optional
Other Evaluation(s): 0 Required, 1 Optional

Saves school forms after matriculation:
Yes

University of Chicago

College Information

Application

Questions

Recommendations and FERPA

Review and Submit - Common App

Writing Supplement

Questions

Review and Submit - Writing Supplement

University of North Carolina at Chapel Hill

University of San Francisco

Contact Info

Phone: [\(773\) 702-8650](tel:(773)702-8650)
Email: collegeadmissions@uchicago.edu
Address: 1101 E 58th St Suite 105
Chicago, IL 60637
USA
Links: [College Website](#) · [Virtual Tour](#) · [College Navigator](#)

[@](#) [v](#)

Application Deadlines

Fall 2020 First Year Early Decision - 11/01/2019 Early Decision II - 01/02/2020 Early Action - 11/01/2019 Regular Decision - 01/02/2020

Other Deadline Information

The application deadline is 11:59 p.m. in the applicant's local time zone on the date listed application program. Don't panic if you have difficulty submitting the application and it goes through after 11:59 p.m. We want to review your application, and will not disqualify you if the timestamp.

Application Information

Application Fees:
First Year Domestic Fee - \$75
First Year International Fee - \$75

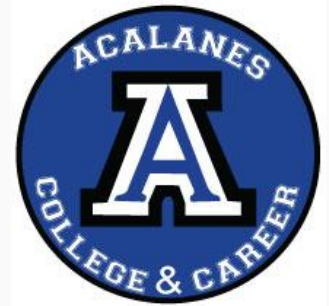
Standardized Test Policy:
Flexible
See Website
[Test Policy Information](#)

Courses & Grades:
Not Used

Recommendations:
School Report Required
Counselor Recommendation Required
Mid Year Report Required
Final Report Required
Teacher Evaluation(s): 2 Required, 1 Optional
Other Evaluation(s): 0 Required, 3 Optional

Private and Out-of-State Colleges

- Apply through college's website, Common App, or Coalition
- May require Supplemental Essays
- Resume of Extracurricular Activities
- Letters of Recommendation
 - Teacher
 - Secondary School Report (counselor)
 - Check if Counselor letter is required
- Mid-year report (updated transcript after 1st semester)
- Transcript



Ordering Transcripts

The screenshot shows the Acalanes High School webstore interface. At the top, there is a navigation bar with the school logo and links for 'BROWSE BEGIN HERE', 'SERVICES', 'HOME', 'LOGIN', and 'CART'. The main content area is titled 'TRANSCRIPT - CURRENT STUDENT' and features a '\$5' price tag. On the left, there is a sidebar with 'Transcripts' and two options: 'TRANSCRIPT - CURRENT STUDENT' (selected) and 'TRANSCRIPT - FORMER STUDENT'. The main area contains a login form with fields for 'Email' and 'Password', a 'LOG IN' button, and a 'CREATE NEW ACCOUNT' button. To the right of the login form, there are three numbered instructions: 1. 'Before you pay on the webstore, request official transcripts on Naviance.' 2. 'Change Quantity on next screen to reflect the total number of transcripts you are paying for.' 3. 'You MUST denote which school(s) you are sending transcript(s) to.' Below these instructions, a note states: 'From June 29 to July 24 ONLY; AHS will be closed so please pick-up your transcript at 1212 Pleasant Hill Road, Lafayette. Please allow three days.'

- Visit Acalanes Webstore
- Write out the full name of college
- Change quantity
- UC's and CSU's - self report



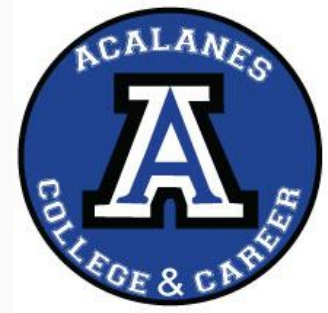
ACT and SAT

- UC and CSU are test-blind for admissions. Tests could be used for placement for admitted students.
- Many private colleges are test-optional
- October is last test date for early decision applications
- December is last test month for regular decision applications
- Student must send their test scores directly from testing company to colleges. AHS does not report test scores.



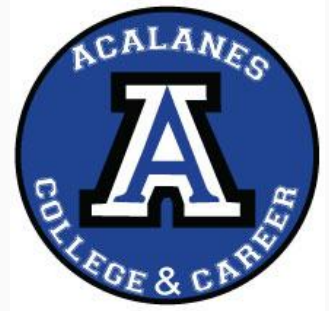
Submitting Applications

- Print/take a screenshot and keep a copy of EVERYTHING
- Keep separate files for each school
- Don't wait until the last minute - Systems do crash and they won't let you submit late!



NCAA

- Register with eligibility center if you haven't already!
- Send transcript and official test scores to NCAA
- Core Course requirements
- Follow recruiting rules

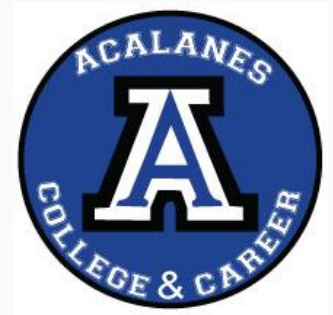


Naviance

- Sign up for Rep Visits
- Update your College List
- Match your account with the Common App

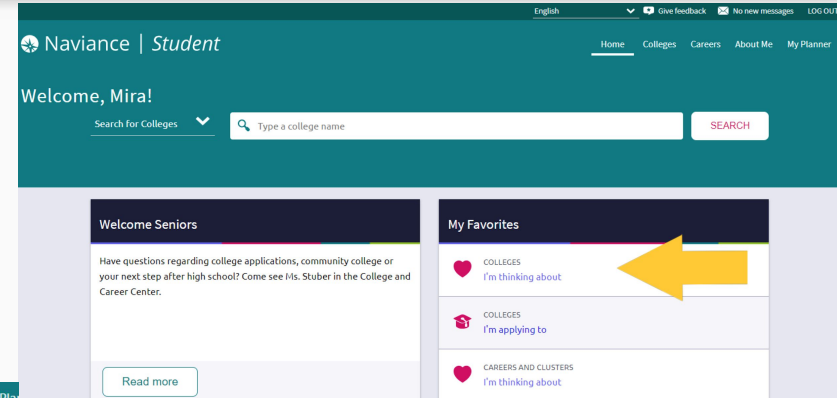
LOG IN

<https://naviance.com/acalanes>



Signing Up For Rep Visits

- 'Colleges'
- 'Research Colleges'
- 'College Visits'
- 'Register Now'



BE SURE TO
GET A NOTE FROM THE
CCC IN THE MORNING!

Update Your College List

Colleges I'm thinking about Search for colleges

+ Add Colleges to List Compare Me

2 selected UPDATE INTEREST MOVE TO APPLICATION LIST REMOVE * = extended profile available

College	Delivery type	Added By	Expected Difficulty*	Application Deadlines	Interest
<input checked="" type="checkbox"/> San Diego State University		Student	N/A	Regular Decision 30 November	N/A ▼ MORE
<input checked="" type="checkbox"/> San Jose State University		Student	N/A	Regular Decision 30 November	N/A ▼ MORE
<input type="checkbox"/> Sonoma State University		Student	N/A	Regular Decision 30 November	N/A ▼ MORE
<input type="checkbox"/> Stanford University		Student	N/A	Regular Decision 2 January	N/A ▼ MORE

- 'Colleges I'm thinking about'
- Select colleges
- Move to Application List

Note: Don't move any colleges you are not certain about applying to

Match with Common App

The screenshot shows the Common App interface for a user named Mira. At the top left is the 'THE COMMON APPLICATION' logo. A welcome message says 'Welcome, Mira! First Year | CAID 16500927 sstuber@auhsdschools.org' with a 'Sign Out' button. Below this is a navigation bar with 'Dashboard', 'My Colleges', 'Common App', 'College Search', and 'Financial Aid Resources'. The 'My Colleges' section is expanded to show 'Stanford University'. On the left sidebar, 'Application' is selected, with sub-items: 'Questions', 'Recommendations and FERPA', and 'Review and Submit - Common App'. The main content area for Stanford University has a 'For All Colleges' header. Underneath, there is a 'FERPA Release Authorization' section with a 'Release Authorization' button circled in green. Below that is an 'Invite Recommenders' section with an 'Invite and Manage Recommenders' button. At the bottom of this section is a 'Recommenders for Stanford University' header. On the right side, there is an 'Instructions and Help' section with two FAQ items: 'What happens if I don't waive my FERPA rights?' and 'Who can I list if I do not have a counselor?'. Both have '[more]' links.

Prior to matching, make sure the following has been done on the Common App:

- Completed information up to the 'education' section
- At least one school added that they will be applying to
- Go to 'My Colleges' tab
- FERPA & Recommenders signed

Match with Common App

1

Colleges I'm applying to

Search for colleges

It looks like you are not currently able to apply to Common App schools. Match your Common App account to Naviance Student account to get started.

Match Accounts

Common App Account Matching

Note: Once you match account, your FERPA status can no longer be changed and you cannot unmatch your account.

We're excited that you are ready to apply to colleges. Some colleges allow you to apply with Common App. You can match your Common App and Naviance Student account to track your applications in one place! In just a few short steps, we'll have your accounts matched.

Get Started with Common App

- Create a Common App account on [Common App Online](#)
- Sign the Common App (CA) FERPA Waiver on [Common App Online](#)

Match Your Accounts

Tell us the email address you used for Common App and your date of birth.

Common App Email Address

Date of Birth

Match Accounts

I don't need this

TIPS

These tips will help you successfully match your accounts.

- Mark sure you use the **email address** that you chose for your Common App account
- Make sure that **last name** on your Naviance Student account matches the last name you used to create your Common App account.
- Make sure the **date of birth** on your Naviance Student account matches the date of birth on your Common App account.

Application Milestones

Compare Me

* = extended profile available

REMOVE

Type	Deadline	Expected Difficulty*	Transcripts	Office material
RD	Regular Decision	N/A	no request	Pending

2



Letters of Recommendation

1. Who would you like to write this recommendation?*

Select A Teacher

2. Select which colleges this request is for:*

- Choose **specific** colleges from your *Colleges I'm Applying To* list
- All current and future colleges I add to my *Colleges I'm Applying To* list

3. Include a personal note to remind your recommender about your great qualities and any specifics about your request:

3000 characters remaining

Cancel

Submit Request

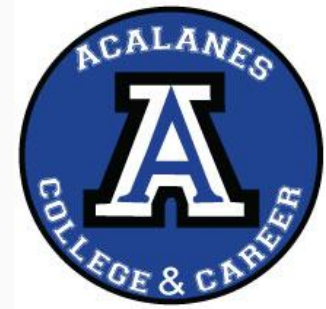
* Indicates a required field

- 'Colleges'
- 'Apply to College'
- 'Letters of Recommendation'
- Select Teacher



Financial Aid

- Financial Aid Night Sept 1 7 p.m. on Zoom
- FAFSA - Opens Oct. 1 - everyone should fill out fafsa.ed.gov
- CSS - Opens Oct. 1 Some require cssprofile.collegeboard.org
- Types of Aid: Need based, Merit, Scholarship, Loans, Work Study
- Use “**Net Price Calculator**” on school financial aid sites to understand **Expected Family Contribution (EFC)**
- Each school has a different financial aid deadline.
- www.wiche.edu/WUE --Western states discount



Support Through the Process

- Academy Sessions
 - Common App Essay
 - UC Personal Insight Questions
 - Supplemental Essays
 - Building your College List
- Weekly emails
- Open workspace during brunch, lunch and 6/7th period.
- Monthly Newsletters



Good Luck Dons!

- Individual Counselor Meetings will begin soon
- The College and Career Center is your primary resource for all things regarding post-secondary planning

